



Let us help you with your health and wellness! There is a free and confidential care management program available to you as a covered health benefit through your employer.

### WHAT IS A CARE MANAGEMENT PROGRAM?

A care management program is a free and confidential service that takes a systematic approach to helping patients who have been diagnosed with any of the persistent and complex health conditions listed below:

Diabetes

Depression

High Blood Pressure

Chronic Pain

High Cholesterol

Weight Management

Asthma

Nicotine Cessation

Participants will be assigned a nurse care manager that will perform regular check-ins as well as provide education, assistance on communicating with health care providers, and help with the health care claims process.

### NEW! *Rxight*<sup>®</sup> MEDICATION RESPONSIVENESS TESTING

Starting January 1, 2018, all WGAT participants of the care management program will be eligible to receive a complimentary Medication Responsiveness test! This test will determine which medicines are right for you and which you should avoid, according to your unique genetic composition.

For more details, contact your nurse care manager.

### ABOUT

PINNACLE HEALTH MANAGEMENT is a California-based care management and wellness company with an expert team of medical professionals that are focused on helping you to achieve your best health.

### ADVANTAGES OF JOINING A HEALTH PROGRAM

Significant Discounts on Medication Co-Pays\*

Earn \$250 Annually for Active Program Participation

A Designated Nurse Care Manager to Coach You Every Step of the Way

A Better Understanding on How to Best Manage Your Health Condition

Assistance Provided in Multiple Languages

\*Discounts on medication co-pays do not apply to depression and pain management.

### READY TO ENROLL?

To get started with the enrollment process, or if you would like additional information, contact Pinnacle Health Management by:

Email: [Coaching@PinnacleHealthManagement.com](mailto:Coaching@PinnacleHealthManagement.com)  
Phone: (844) 230-1121  
Fax: (949) 809-8931

Your health information and participation in the care management program is strictly confidential. Your information is only shared with those designated health care professionals who are part of your treatment plan.